May 2014 for June Meeting 2014 South Shore SchoolsPlus S Burris

#### **General and Facilitator**

#### See GPS Newsletter attached at end

#### **TRAINING**

During May, outreach and facilitator were fortunate to receive the following workshops and training:

- GoTo training
- Guidance conference
- May 2 Greg Church RCMP screening tool around youth intervention and diversion.

#### Youth Advisory Committee

On 11 June the YAC hosted the Lt. Gov., who came to Bridgewater to view the work of the youth and to officially present the Lt. Gov. citizenship award for respectful citizenship. Youth made very interesting presentations and arranged a lovely event.

On May 26 SchoolsPlus and RCMP accompanied youth the Mount Saint Vincent University, where they enjoyed a luncheon with Ministers and were honored with other youth for their receipt of the Minister's Award for Crime Prevention.

26 May

Our Youth Advisory Committee (Lun Co., RCMP and SchoolsPlus) continue work with Candace Ellicott professional designer, artist, author, NSCAD professor, and entrepreneur. Candace is supporting youth in developing awareness messages around substance use, violence, and sexual harassment and abuse prevention. Seen here is the first of three workshops that will take place to prepare the youth for materials that they will distribute at the Big Ex booth this year.

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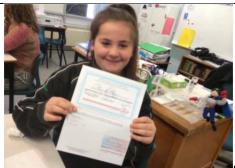
# Name the Shame Project

Name the Shame has been supporting the work of the Youth Advisory, above. Messaging and information around substance abuse, violence, and sexual harassment and assault. We have arranged for youth to have a booth at the Big Ex this summer.

We hosted our annual GPS camp (Girls' Power and Strength) at Brigadoon (see newsletter at end), on 21, 22, and 23 May. Our boys' OTG (Off the Grid) camp will be in September at Brigadoon. Issues supporting prevention of harassment and abuse will be workshopped, along with other fun and learning activities. Please see the schedule attached on last page.

We have received funding to support another year's activities from Crime Prevention NS!

### Baby Sitting Canada Safety Council



Shirley Burris and Ryan Sperry completed

the Canada Safety Council Babysitting course with Grade 5/6 students from Peter Millett's class at New Ross. SchoolsPlus supported the program,

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instructed, provided the materials, and presented the youth with kits at end of course. SchoolsPlus arranged for RCMP Constable Glenda Rubia to present an enriched workshop on safety and security following the main course. As well, with the help of Barb Cochrane, SchoolsPlus supported a visit from Claire McNally – her workshop was most inspirational! Barb donated a book about Claire to the class. Thanks Claire and Peter! Claire's accomplishments are many, most recently as the recipient of the Terry Fox Humanitarian Scholarship. Claire is also the subject of a book Claire's Race, by Nancy Wilcox Richards.



#### South Shore Community Justice

Thanks to SSCJ for their continued fine support. Susan Himmelman, Shirley, and BPD police chief John Collyer have been meeting to plan the founding of a Bridgewater YAC, and to plan supports for substance use and abuse work with parents and teachers at schools. A meeting was held with BJSHS staff 8 May to discuss. An information meeting for students was held with Cst. Jennifer Mason, Shirley Burris, and youth at BJSHS on 15 May. A planning session for youth who agreed to move forward with the advisory will take place 13 June at 2.

#### Hybrid Hub Model

On 2 May, SchoolsPlus from around the province along with outreach teams attended training offered by Greg Church, RCMP. The Hybrid Hub Model <a href="http://thechronicleherald.ca/community/halifax/1212154-hybrid-hub-community-hubs-to-provide-crime-prevention-by-targeting-youth-a">http://thechronicleherald.ca/community/halifax/1212154-hybrid-hub-community-hubs-to-provide-crime-prevention-by-targeting-youth-a</a> was explained and training in the assessment tool was provided.

On 17 June, Susan Himmelman is hosting a meeting to discuss the model as it will be serving this area.

Inter-agency Meetings	Interagency meeting took place in 27 May – we are sad to see Mary Catherine McDonnell retire, as she will be much missed. Best wishes to her in her retirement.  The Bridgewater Interagency took place at BJSHS on 9 May.  Queens Interagency took place at DJCWA on 2 June.  Thanks to all who worked with us in these meetings this year. Wonderful forward work was able to be accomplished together!
Nova Scotia Transit	Congratulations to the committee of Sarah Haughn at North Queens, and last years' team at New Germany High, who were invited to speak (on panel) at Transit NS Provincial Conference in Truro on 4 June. The student team developed a survey, with the outreach team, and students from many schools. New Germany students and North Queens' students collected data to contribute to the question of transit in rural areas on South Shore, and presented this data last year at the conference. The New Germany students have since graduated. The invitation to return was much appreciated, and speaks to the good work, and the credibility of the youths' efforts. We are proud of them.  Thanks to Sarah Haughn for arranging this and for her presentation about SchoolsPlus there as well.
Shirley Caseload	<ul> <li>During May, Shirley has been working with students and families to: (Shirley's caseload consists of out-of-school students)</li> <li>Presented to SSRSB members evening of 28 May – the presentation was well-received with many good questions.</li> <li>Accompany YAC to MSVU and to hosting the Lt Gov in Bridgewater, along with RCMP</li> <li>Attending Sexual Assault Services meetings – currently working on protocols</li> <li>Facilitate Incredible Years weekly with Dave Brennan</li> <li>Co-Facilitate and conclude Canada Safety Council Babysitting course at New Ross for Grade 5/6</li> </ul>

	<ul> <li>Plan, support and facilitate GPS camp at Brigadoon – our biggest ever!</li> <li>Support youth and families in emergency and general needs</li> <li>Supervise and facilitate intakes</li> <li>So follow-up and update debriefs with youth</li> <li>Support youth with home study programs</li> <li>Support youth with recreational needs</li> <li>Arranging / participating in roundtables with agencies to collaboratively support families</li> <li>Support families with financial needs</li> <li>Support youth in finding homes and medical treatment</li> <li>Attended RCMP screening tool around youth intervention and diversion (2 May)</li> <li>Assisted in presentation to provincial workshop May 2 - Halifax</li> <li>Meeting with organizations and agencies to build capacity and plan collaboration</li> <li>Participated in GoTo Training</li> <li>Completing budget reports for grants and for SchoolsPlus</li> <li>Searching grants for writing applications this summer</li> </ul>
Incredible Years Parenting Program	Incredible Years continues at CDES on Thursday afternoons with Dave and Shirley  The Incredible Years parenting program Chester District Elementary School 12:39— 2PM  March 6, 20, 27  April 3, 10, 17, 28  May 1, 8, 15  Light refreshments served—Admission FRE Light Refreshments served—A
Upcoming!	Upcoming are the following activities:

	<ul> <li>Booth at Big Ex has been booked for YAC – plans are to have them take part in the parade as well.</li> <li>SchoolsPlus Advisory Committee – developing Absenteeism / Attendance strategies</li> <li>Continued Incredible Years</li> <li>Sponsored youth for Sea School and summer church camps</li> <li>Arranged Ryan to work additional days over summer to mentor males in Bridgewater area</li> <li>June – registration for September Off the Grid boys camp</li> <li>Summer outings with outreach and facilitator</li> </ul>
Programs	SchoolsPlus is supporting  - After School Programs at New Ross on Monday afternoons, cofacilitating with New Ross Family Resource Centre  - 4-H programs at Bridgewater Elementary (transportation) in conjunction with Family Support Centre  - Dave Brennan, with Jody Conrad and Health Promoting Schools, South Shore, Nova Scotia Health and Wellness are participating in after school activities and outdoor activities at CAMS and FHCS  - ASD Parent support group, Queens County  - Volcano in My Tummy - CDES  - Canada Safety Council Babysitting Course New Ross  - Boys' group at New Ross with Health worker Scott Priske  - Incredible Years  - Restorative Approaches training and supports  - Name the Shame  - Workshops Youth Advisory  - Transit Association workshops for youth and youth as leaders  - GPS  - Upcoming summer outings
SchoolsPlus Con	In addition to client caseload:  • Attended RCMP screening tool around youth intervention and

<u> </u>	discussion (2 Mar.)
Davison	diversion (2 May)
	Made presentation at SchoolsPlus provincial workshop 2 May.
	<ul> <li>Made presentation at SchoolsPlus provincial workshop 2 May.</li> </ul>
	Restorative Approaches – outreach team as part of FHCS leadership
	training
	Planned for and supported GPS camp
	Facilitated workshops at GPS camp
	Guidance conference
	GoTo training
	<ul> <li>Parent support sessions with two Moms' - one at NGES with Pat Wentzell on Monday mornings and one with a Mom and a Dad separately at WNES on Weds, and BJSHS with the dad on Wed or Thurs.</li> </ul>
	<ul> <li>Also supporting a student during parent visits once a week.</li> </ul>
	Begun graduate level course in Restorative Approaches.
	Privacy Workshop
	Has been completing intakes and engaging in roundtables
	Continues VOICES program at NGRHS on Tuesdays
	Boys' and girls' groups BES
	Exploring options for youth with addictions
	Debrief with facilitator re caseload and programs
	Meeting with interagency group second Friday of every month at BJSHS
	<ul> <li>Two students are on reduced programming so SchoolsPlus is doing outside activities with them</li> </ul>
Ryan Sperry	
60% FTE	In addition to client caseload:
	Attended RCMP screening tool around youth intervention and
	diversion (2 May)
	Made presentation at SchoolsPlus provincial workshop 2 May.
	Co-Facilitate Canada Safety Council Babysitting course at New Ross for
	Grade 5/6
	<ul> <li>Continued with the boys group</li> </ul>
	Guidance conference
	Tennis for after school program

	<ul> <li>Badminton for the after school program on Monday's at New Ross.</li> <li>Ran after- school groups at New Ross, making paracord survival bracelets.</li> <li>At Chester did a class activity with the grade 3/4 making the bracelets as well.</li> <li>Planned for and supported GPS camp.</li> <li>I took students go karting late May at Kartbahn.</li> <li>Provided gas cards for a family.</li> <li>Started making iMovies with students at schools in the month of May.</li> <li>Finishing up washer toss set that was made with a student.</li> <li>Mostly one on one time with youth and supporting them at school in any way possible.</li> <li>Mentoring new work placement intern</li> <li>Monday's New Ross - making para-cord survival bracelets - teaching students to teach other students</li> <li>Crafts with CDES students Tuesday's</li> <li>Volcano in My Tummy - CDES Tuesday's</li> <li>Providing transportation to families whenever needed (transporting students and transporting parents who do not have a vehicle to a near-by location);</li> <li>Participated in / planned intake meetings</li> <li>Debrief with Facilitator re caseload and programs</li> <li>After School Program at New Ross (badminton and tennis for After School group Mondays, and others as time allows after school and noon hours.</li> <li>New Ross - boys' group with health, relating to respect and respect to women (Mondays at New Ross)</li> <li>Meeting with inter-agency group the second Tuesday of every month at FCHS</li> <li>Visits at home with clients</li> <li>Providing meals</li> <li>Painting the resource room (ongoing) with students / clients at New</li> </ul>
	at FCHS
	Providing meals
	<ul> <li>Painting the resource room (ongoing) with students / clients at New Ross</li> </ul>
Sarah Haughn 50%	In addition to client caseload:
FTE	Attended RCMP screening tool around youth intervention and

	diversion (2 May)
	<ul> <li>Made presentation at SchoolsPlus provincial workshop 2 May.</li> </ul>
	Being half time, the majority of the month of May was spent at PD
	(SchoolsPlus Day, Guidance Conference, Go To Training),
	<ul> <li>prepping for and attending GPS,</li> </ul>
	<ul> <li>prepping for and attending the Community Transit NS Conference with</li> </ul>
	students who presented their work
	SchoolsPlus display at Transit conference
	Planned for and attended GPS camp.
	Facilitated workshops at GPS camp.
	Facilitated intern for shadowing,
	I am planning for and will be attending the GPS Camp.
	Guidance conference
	GoTo training
	I will continue to meet with individual students, and both the group of boys
	at NQ and girls at GES.
	<ul> <li>Meeting with appropriate persons to align this with food policies</li> </ul>
	Debrief with facilitator
Dave	
Brennan	In addition to client caseload:
Dieillaii	
	Attended RCMP screening tool around youth intervention and
	diversion (2 May)
	<ul> <li>Made presentation at SchoolsPlus provincial workshop 2 May.</li> </ul>
	Restorative Approaches – outreach team as part of FHCS leadership
	training
	Guidance conference
	Go-To training
	Mentoring new work placement intern
	<ul> <li>Making Paracord survival bracelets: Mon / Tues FHCS; Wed. at CDES;</li> </ul>
	Fridays at ACES
	Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneurial FHCS Mon and Tuesday-      Making Key fobs for youth entrepreneuria
	After School programs FHCS Wednesdays (Open Air Society with
	<ul><li>Chester Rec</li><li>Gardening: CDES Wed., and ACES Fri.</li></ul>

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- Woodworking FH Mon and Tues and CAMS Thu
- Took students to Kartbahn
- Cheese making: Thurs. CAMS; Mon. and Tues., FHCS; Wed., CDES; Friday ACES
- Root Beer making: CAMS Thursday; CDES Wednesday. Will do in next few weeks in ACES and FHCS
- Car care and repair: FHCS Monday and Tuesday
- Hiking
- Dog training: CDES and ACES (Dog is an honorary member of the FH after school program.
- Supported and planned for GPS camp
- facilitating workshop at GPS
- Meets with interagency group second Tuesday of every month at FHCS
- Facilitating Incredible Years with Shirley on Thursdays at CDES (for parents)
- Debriefed with facilitator.
- ACES Fridays: social emotional work; outings related to Language Arts; trips to CAMS for transitional support (end year)

#### Sharon Brown

#### In addition to client caseload:

- Attended RCMP screening tool around youth intervention and diversion (2 May)
- Made presentation at SchoolsPlus provincial workshop 2 May.
- Planned for and supported GPS camp
- My group work ended at the beginning of June:
  - o team building work at Mill Village with the grades 3,4,& 5 and
  - o my boys and girls groups at Wickwire.
- Transported youth to IWK specialist appointment,
- High school student mentoring with elementary student began in June
- Will be assisting Mill Village School with their class trip to Brigadoon in June.
- Co-facilitation and workshops GPS girls' camp
- Privacy Workshop
- Interagency group first Monday of May

<ul><li>New intakes</li><li>Debrief with facilitator</li></ul>



► T-SHIRTS; INTRODUCTION; SURVIVAL BRACELETS; CA-NOEING; YOUTH—LED ACTIVI-TIES; BIRTHDAY PARTY ... 1





**BRIGADOON** 

MAY 21,22,23





GPS

2014

### SUPPORTING GIRLS' POWER AND STRENGTH—SUPPORTING YOUNG WOMEN IN FINDING STRONG DIRECTION

Partnership of the South Shore SchoolsPlus and Lunenburg County RCMP for the Name the Shame Project funded by Crime Prevention NS



T-Shirts

We decided to design our own T—shirts this year and had a lot of fun doing that! GPS 2014 Tshirt event unveiled many talented artists!

### GHOST STORIES





### Happy birthday!

Steve, who works at Brigadoon, and took care of us, made sure that Chef Adam made a fine birthday cake!



### Big Canoe

Thanks to Steve at Brigadoon, a professional instructor and life guard, who gave us safety course, and took us close to shore for paddling. Though the mosquitoes were thick, we had a great time!





#### INTRO AND SURVIVAL BRACELETS

We were all given great bags of loot when we arrived—fun and useful gifts were inside.

Dave Brennan, SchoolsPlus Outreach, showed us how to make survival bracelets and taught us many uses. He kindly brought two neat prizes for a draw—a headlamp for night trails and a knot-tying instruction book.



### **Getting Out Alive**

Thanks to Jody Conrad, Chester Recreation, for an astounding morning of survival skills



Jody taught us to use all of our senses, to keep warm and leave clues as to where we were if lost. He taught us to find shelter and use things in the woods to survive, and to find materials to keep us away from the ground and protected. He taught us how important it was to be found, and to make sure we did not waste time in preserving body heat, and finding protection.







A most fashionable mummy—set to go out on the early Egyptian town!



Ready to cook supper over an open fire! Thanks to Steve and Chef Adam and kitchen staff!

#### Flirting with Danger

SELF DEFENSE:

Victor

**Swinnimer** 

Victor Swinnimer, from the

Bridgewater Uechi Ryu Ka-

named Karate Nova Sco-

tia™s dojo sensei of the year. gave us lessons in self-

Constable Brandy Steeves presented Flirting with Danger, a video about relationship issues, and hypersexualization—discussion followed.





#### YAC

Several members of the Youth Advisory Committee gave a presentation on the work of the committee this year, which includes CKBW public service announcements, anti violence and anti-harassment videos. They spoke about the design and communications training they are receiving from Candace Ellicott in partnership with SchoolsPlus, and the plans for their booth at the Big Ex this coming summer. They spoke about the awards they have won (Ministers Leadership Award in Crime Prevention in the Youth category for 2014 and Lieutenant Governor's Respectful Citizenship Award ). All youth were invited to join.



HERE AT GPS I WAS GIVEN THE CHANCE TO BE MYSELF ... AND I NEVER FELT BETTER. ATTENDEE

### We loved Ammo the tracking dog

Thanks to Sgt. Bushie who brought Ammo the tracking dog for a demonstration



## Thanks to Dori Palmiere

Dori, from the Youth Project, talked to us about gender and orientation, inclusion, and respect.



## Thanks to Alyson Boyce, Social Worker

Alyson ran sessions on self-esteem, and strategies for remaining calm, and dealing with stress.—she was a great chaperone!

Many thanks to the team and organizing partners: Ryan Sperry, Dave Brennan, Sharon Brown, Paula Davison, Sarah Haughn, intern Kimber Harnish SchoolsPlus, and Constables Brandy Steeves and Glenda Rubia, Lunenburg County RCMP, who organised, drove, chaperoned, gathered supplies, booked speakers, created instructional materials, gathered paperwork, led sessions, and mentored the youth leaders, along with a host of other tasks. Also a debt of gratitude to Crime Prevention Nova Scotia who fund this and many of our project activities, and to staff at Brigadoon! Most of all, thanks to the young women who were strong, committed, and who made the event spectacular! Thanks to Bridgett Morgan whose idea this was.— *Shirley Burris, Facilitator, South Shore SchoolsPlus* 







## HEALTHY RELATIONSHIPS AND SEXUAL WELLNESS



Thanks to Sarah Haughn and Sharon Brown, SchoolsPlus Outreach for the session on healthy relationships and sexual wellness—a lot learned!





#### **HUMAN TRAFFICKING**

Thanks to Constable Natasha Jamieson – H Div. RCMP– Human Trafficking / Federal Operations for her presentation on Human Trafficking Awareness

